

Classroom Management Techniques

1.) Establish Positive Relationships Among All Learners

- Teach activities that use a variety of formats; together in front of the class and everyone as a group. Then for other parts of the lesson, I will divide up the class using stations, teams, groups, and partners so they are able to encourage one another and learn to improve together.
- I will have a standing “5 Golden Rules” that the students are held to and one of them is to “win without gloating, and lose without blaming.” This promotes a teamwork and accepting environment which will hopefully allow students to always push themselves and not be afraid to try something new, sometimes making mistakes.
- At the beginning of each semester, I will have the class develop a set of class goals that will help push students to their best. The goals will be put on a poster and when a class meets their goals for the day they get a flag to add to the poster. Once they receive ten flags, they earn a reward such as a choice day in PE. If students know they have to achieve this together, they will strive to encourage one another so that they can reach their goal.

2.) Prevent Attention-Seeking and Work Avoidance Behavior

- Have a “back to wall” rule for myself. During class I will always be moving around the gym so this way I am always facing the students because if I turn my back it will encourage off-task behavior because they think they aren’t going to be caught. This way I can stop the bad behavior as it is starting.
- My single most important strategy will be to make sure I learn all of my student’s names. By me taking the time to learn their names right away it shows them that they are equally important. Also, it allows me to call them out about something from across the class and provide feedback as needed.
- I will practice selective ignoring. Once I know my students I can selectively ignore them in a way to try and cut down on the attention they are getting. However, there is a time and place for this in terms of length and degree of behavior and I will try and follow up the ignoring with pointing out something positive that they do.

3.) Quickly and Unobtrusively Redirect Misbehavior Once it Occurs

- Immediately blow the whistle and call out warning 1 to the student to prevent a continuation of the behavior and a rapid spread to other students.
- Monitor closely, and at the next break in activity, without questioning the student in front of his classmates, quietly and off to the side, ask them if they know why they got the warning.
- At first sight of the start of misbehavior I will immediately assign a role in the game to that person or call out a question in the hopes that this will distract them from what they were doing and allow them to focus their attention on something else.

4.) Stop Persistent and Chronic Misbehavior With Strategies That are Simple Enough to Be Used Consistently

- I will send home pre-printed notes called for example, “News from Ms. Anderson” updating and informing families/parents, and teachers. This will make everyone who is involved with the students’ education aware of behavior they can also monitor.
- Establish a system where at the end of every class I will name 3 “players of the game” for the day and they will each get a star slip. At the end of 2 weeks, the student with the most stars gets to select a game of their choice for one day.
- I will have consequences clearly posted on the gym wall next to the “Golden Rules” and will consistently enforce them so that my students take responsibility for their own actions. I will utilize breaks or timeouts as consequences because then it is the student that is choosing to be taken out of something that motivates them or that they enjoy.

5.) Teach Self-Control

- At the beginning of each week, students will hand in their goals for the week chart and this is allowing them to set and achieve their own goals rather than me giving them to them. This pushes them to test themselves, learn how to handle winning and losing, and growing from positive and negative feedback.
- Students will be informed on day 1 that a challenge I have for them is to show self-control by being encouraging to everyone regardless of their abilities. Everyday they will have a goal of making at least 1 encouraging statement each class.
- Challenge the students to prove they can handle all forms of competition by displaying a good attitude with their team or individually during games. I will constantly be assessing by asking- What is an ok way to behave when you are ahead? When behind? When there are arguments or disagreements, I will bring those students together and give each one time to explain while the others listen. If we can’t reach a decision, it will be settled by rock, paper, scissors.

6.) Respect Cultural Differences

- Once a week my curriculum will consist of a game or activity originated in a different culture. We will have a brief history of the culture and game at the beginning of the lesson so they are understanding more than just simply the rules.
- I will dedicate a 2 week time frame where we will focus on cultural differences. Each student will find out the history of their name and where it comes from and an activity based in that culture. We will break it up by 5 a day and play each game for 10 minutes.
- I will base my gym theme as the “World of Physical Education.” To promote this, I will use the walls and have each part of the gym be dedicated to a different culture and will have posters, maps, flags, etc. Displaying these items will show different activities performed in all cultures throughout the world. This will promote a positive environment that focuses on acceptance and curiosity.