

Paige Anderson

EDU 320

MOD 3-Classroom Application

October 5, 2017

Giving an Assignment

Effectively giving an assignment to your class is crucial and it ultimately sets up the mindset and attitude for the entire rest of the class period or activity. I did a lot of brainstorming and searching on PE Central for examples of success that some teachers shared and I decided that the following idea is one that I really liked because of the structure it provided. It is based off the assumption I will be having a gym period of about 50 minutes in length.

1.) Instant Activity: (5 mins) This will be posted in written form on the door outside of the gym before each class so they know what to do when they enter the gym. This will get them involved immediately and sets up a good settled mood for me to start instruction.

2.) Short Intro Set: (5 mins) Introduction on the skill or activity being taught that day. Teach 1 critical element each class so I avoid confusion.

3.) Lesson Focus: (25-30 mins) Set up the environment/activity area so all of the students get lots of practice. Example: Ball handling/dribbling. Students will stand in place and take turns dribbling with each hand. Then for showing progress/consistency, add more elements or add movement such as walking/running or adding a defender and doing a cone drill.

4.) Closing/Wrap-up: (10 minutes) This is my chance to check understanding and comprehension of what I taught that day. At this point is when it would be a good idea to have a question and answer session and conduct demonstrations based off questions. Then everyone

lines up to exit the gym as I am playing a clue and guessing game to give them hints on what we will be doing when they come next time. Everyone leaves the gym with a high-five and smile.

Reference

PE Central. *Physical Education Classroom Management FAQ's.*

<http://www.pecentral.org/climate/cmfaqs.html>