

LIFE IN PHYSICAL EDUCATION



All students will dress for class unless previously arranged and excused by teacher.



Student begins period with 5 points total and only lose points if "GOLDEN RULES" aren't followed.



1ST Break: Warning / 2ND Break: Time Out 5 mins. / 3RD & FINAL: Out of activity until end of class.



Participation- For the ENTIRE activity.



Attempt new things and always try your best, and learn from your mistakes.



Cooperate & listen to directions, and ALWAYS ask directions.



On the whistle or when music stops- everyone "freezes" and equipment is put down.



RESPECT

***Yourself-work hard and safe everyday to improve your fitness**

***Others- Never put others down, be encouraging**

***Equipment- Use only for specific purpose- It belongs to everyone so TAKE CARE OF IT**



Win without gloating - Lose without blaming.



EXIT SLIP - A high five and a smile.

